



Lavender Cordial

A pleasantly refreshing, lightly scented drink that is perfect for a hot summer day, diluted with chilled sparkling mineral water. Avoid flowers that have been treated with insecticides and pesticides or polluted with traffic fumes. Shake the flowers gently to dislodge any insects.

50 Lavender flowers

½ pint water

4oz sugar

Put the water and sugar into a pan and heat gently until the sugar has dissolved completely. Add the lavender flowers and bring to the boil. Remove from the heat, cover the pan and leave to infuse for 30 minutes. Strain the liquid into another pan and bring back to the boil, stirring all the time until the mixture is reduced and syrupy. When reduced, take off the heat and cool completely. Pour into sterilised bottles, seal tightly and leave to get quite cold. Store in the refrigerator until required.

Acknowledgements: - Unknown